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NEWS
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Hint: RCMP will not ask for a ransom

New virus-scam combo locks user out of computer for 'illegal' activity until 'fine' is paid **PAGE 4**

Did TV save woman's life?

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Hidden agenda

Is there really a 'hidden job market'? Metro investigates those who offer to find you a dream job — at a cost **PAGE 12**

JUST CRAZY ENOUGH TO WORK

ROBIN WILLIAMS APPEARS AS AN AD GENIUS ALONGSIDE SARAH MICHELLE GELLAR AS HIS DAUGHTER IN THEIR NEW SHOW, THE CRAZY ONES **PAGE 16**



WELL HOOP-DE-DOO!

Hula Hoop artist and contortionist Lisa Lott performs during the first day of the Halifax International Busker Festival on Wednesday. Story, page 6

JEFF HARPER/METRO

Provincial debt at record \$14B

'We get poorer and poorer.' Experts say it's necessary, but unpopular, for NDP to cut the debt



HALEY RYAN
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Financial records released by the provincial government show Nova Scotia's net debt has climbed to \$14 billion — a figure that has the auditor general saying we should "all be worried."

On Wednesday, the province released the public accounts for 2012-13, revealing the largest debt in provincial history.

"It's an easy thing to let it build up," said Auditor General Jacques Lapointe. "It's kind of hidden and you forget about it. We can manage to keep going but we get poorer and poorer."

Quoted

"We've got a serious debt issue in Nova Scotia."

Don McIver, Atlantic Institute for Market Studies

Finance Minister Maureen MacDonald said her government took office in a recession, making it necessary to run deficit budgets and keep adding to the debt.

"Show me an area of Canada which doesn't (currently) have the highest debt," MacDonald said.

While Lapointe said the NDP government has made headway by presenting a balanced budget for 2014, it will take a party with "nerve" to make the tax hikes and service cuts needed to reduce the debt.

However, he said it's worth doing, pointing out the interest on the debt is close to \$1 billion a year.

"You'd have \$1 billion

more in services like health and education if you choose (to cut debt)," Lapointe said.

"We have to at least be trying to aim in that direction."

MacDonald insisted the province is in good financial health, noting the debt-to-GDP ratio — a measure of how well the debt can be sustained — was higher than forecast but still trending downwards.

She said upcoming projects like the shipbuilding contract, IBM moving in and offshore exploration will bring jobs and extra revenue to the province.

"The future looks very bright for us indeed," MacDonald said.

Economist Don McIver of the Atlantic Institute for Market Studies said the provincial workforce is in decline and much of the shipbuilding money won't be seen for years.

"It's long-term, and the history of make-work projects just is so poor," McIver said.

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Philippines-trained dentist stumbles on sound advice

While most people don't find comfort in old magazines in their dentist's waiting room, that wasn't the case for Dr. Rosemarie Sia. The newcomer to Canada stumbled on sound financial advice while flipping through a periodical at the clinic where she volunteered.

"Even magazines on the coffee table have their purpose," laughs Rosemarie, a foreign trained orthodontist who knows every facet of a dental practice. In her case, she noticed an ad for the **Scotiabank StartRight**[®] Program¹ and the phone number for Melinda Manlapaz, a fellow Filipino and Branch Manager at Toronto's Lawrence and Birchmount Branch.

Rosemarie's discovery was part of her improving luck, following mixed experiences since coming to Canada. She arrived one month earlier to realize that her job search would be harder than expected. She also saw how tasks like apartment hunting and banking aren't easy in an unfamiliar country.

"It was hard, but I was focused on making this change to give better opportunities to our children," recalls Rosemarie, who landed two months before her husband Artemio and their two teenagers. "Luckily I was prepared and I contacted old friends who helped a lot." In fact, a high school classmate referred her to the Scarborough dental clinic that provided her with Canadian work experience.

Finding Melinda Manlapaz from Scotiabank[®] was also a turning point, since Rosemarie had opened an account at another institution, but was unhappy with their indifferent service. "The other bank didn't explain anything properly. They just hand you the package and I could never reach them," notes Rosemarie. "In contrast, Melinda was very accommodating and she patiently answered our questions."

Rosemarie and Artemio were pleased with the **Scotiabank StartRight** package options, which includes a free day-to-day bank account for one year², a wide range of credit card options³ and a number of other customized services and benefits.

They also promptly signed up for **Scotia**[®] Registered Education Savings Plans (RESP)** for their children, who would soon incur post-secondary expenses.

While Melinda advised the Sia family on many long-term goals, she also helped them obtain the financing for their own home faster than Rosemarie imagined: "Our mortgage was approved in less than a week, and we are moving barely a year after we got here."

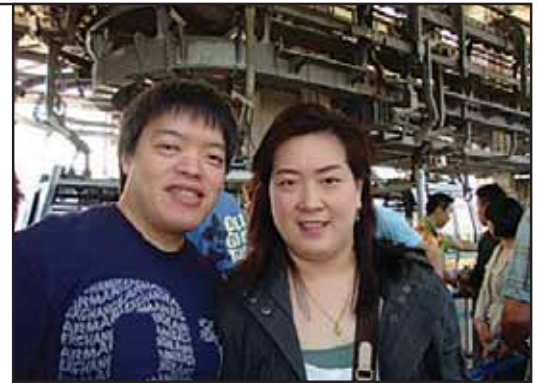
A lot has transpired in 12 months, but the Sia family continues to aim for new goals. Artemio is also building their investment portfolio with a **Scotia**[®] advisor. Meanwhile, Rosemarie may retrain as an orthodontist after she completes her dental certification.

The **Scotiabank StartRight** Program helps open doors

to a new start, with simple product solutions to get you started and more comprehensive solutions to help at each stage of your life in Canada.

"Whatever challenge a newcomer faces, from planning your move to choosing a bank, be sure to speak to the right people and shop around," concludes Rosemarie. She adds that good advice can come from unexpected sources, like a high school friend or the crumpled pages of a waiting room magazine.

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Newcomers Artemio and Rosemarie Sia are enjoying their personal and professional lives in Canada with sound advice and support from Scotiabank.



Renee Omlas
Scotia[®] advisor

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Shooting victims not helping police

Major crime investigators aren't getting much help from two men injured in a shooting early Wednesday morning.

Gunfire was reported near Uniacke and Brunswick streets at about 12:45 a.m. Police didn't find any victims or a crime scene, but a 17-year-old boy and 23-year-old man were

found at the QEII hospital suffering from injuries sustained during the shooting.

The injuries are described as non-life threatening.

A police spokesperson said the victims are not co-operating with investigators. The incident is not believed to be random.

METRO



Police investigate a shooting on Middle Lane on Wednesday.

JEFF HARPER/METRO

Parking-lot incident

Senior charged with indecent exposure

A 71-year-old Dartmouth man has been charged in connection with the latest alleged indecent act in HRM.

Police say a man parking his car in the lot at Queen Street and Irishtown Road on Tuesday was waved over

to another vehicle parked nearby. As the man approached, he could see the lone occupant of the other car masturbating, police say. The man asked the witness to sit in the car with him, and left quickly when the witness refused. The witness provided police with a description and licence-plate number and the man was arrested at his Dartmouth home. METRO

Debt a 'strike against' future generations, Baillie says

2012-13 finances.

Liberals, PCs not buying positive NDP spin



HALEY RYAN

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Despite the NDP government's positive outlook on 2012-13 finances, opposition parties say the province is in worse shape than ever.

"It's a significantly poor picture of where this province is," Liberal MLA Diana Whalen said on Wednesday, after reading through the audited financial statements for the past year, which revealed a record-high net provincial debt of \$14 billion.

Finance Minister Maureen MacDonald stressed that a total revenue of \$10.1 billion, \$153 million more than estimated, and many departments coming in under budget helped give the NDP a "strong foundation" to work from.

"Nova Scotians should feel very positive about the fact we're on track now," MacDonald said. "This is why we work



Maureen MacDonald, the finance minister, insists the government is on track financially.

ANDREW VAUGHAN/THE CANADIAN PRESS

so hard. It pays off."

Although MacDonald said the \$302.5-million deficit is lower than forecast a few months ago, it is almost \$91 million above targets set this time last year.

"It's presented in a rosier fashion, obviously," Whalen said after the presentation. "They're painting a picture where they've pulled us from the brink of disaster. To me, that manipulates people."

Whalen said despite MacDonald's upbeat tone, residents are feeling the day-to-

Epic fail?

"I give her an F"

PC Leader Jamie Baillie, grading Finance Minister Maureen MacDonald on the province's public accounts.

day pressures of high power rates and education cuts.

Both Whalen and Progressive Conservative Leader Jamie Baillie said the \$571 million tacked on to the debt last year hurts Nova Scotians.

Baillie said the current debt breaks down to \$17,000 per man, woman and child, and it's only going up.

"That is not fair to continue to pass on those bills to the next generation," Baillie said. "When young people decide where to live and work, that is going to be a strike against Nova Scotia."

While MacDonald said future development projects will bring revenue into Nova Scotia, Baillie said that's not enough.

"Our economy is stalled," he said. "It won't turn around as long as we're paying the highest taxes and the highest power rates."



PC Party Leader Jamie Baillie says the provincial debt is a burden being unfairly levied on future generations of Nova Scotians. METRO FILE

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He's a great Kiss-er: Tribute band member stoked to see the real deal



Members of the Kiss tribute band Dressed 2 Kill emulate their idols, who will be at the Metro Centre in Halifax on Thursday. "They're still the greatest show in the world," says Mark Wheatley, who plays in the cover band. CONTRIBUTED

Rock legends. Die-hard fans getting ready to rock n' roll all night with iconic rock quartet

CLARK JANG
halifax@metronews.ca

Mark Wheatley couldn't wait for Kiss to come to Halifax.

He had to drive a province over — to Saint John, N.B. — to catch the face-painted quartet of Paul Stanley, Gene Simmons, Eric Singer and Tommy Thayer in concert the day before Thursday's show at the Metro Centre.

"In a perfect world they'd be playing a couple of nights here," said Wheatley, who'll be dressing up in his KISS costume in anticipation of both shows, complete with black and white face paint.

The 44-year-old has been obsessed with the band since the tender age of seven. He's

Pucker up

"It would be a joke to think you could compete with Kiss. But be inspired, absolutely."

Mark Wheatley, Kiss tribute band member

seen them perform a dozen times, accrued more than \$30,000 worth of KISS memorabilia and even embodies the persona of Catman for the Atlantic Canadian Kiss tribute band, Dressed 2 Kill.

"We get to participate and play in the music we grew up on and that was the soundtrack to our lives," said Wheatley. "I don't think there's anything better than that."

Kiss is currently touring North America on their Monster Tour. The last time they played in the HRM was in 2009.

With the band coming to Halifax, Wheatley views the concert as an opportunity to gain inspiration from the source.

"They're 40 years strong. They're still the greatest show in the world, the hottest band on earth," said Wheatley.

In anticipation of Kiss' arrival in Atlantic Canada, Wheatley says Dressed 2 Kill has been approached with offers to play shows. But because of the unpredictability of any future concerts in the region, he says the band is reserving the time to watch their idols rather than emulate them.

"We opted to spend these shows with our families because we figured this is probably the last time they're coming through here," he said.

Tickets are still available for the show and can be purchased through Ticket Atlan-

New scam threatens computer users with fines

It acts like a virus, looks like a scam, and it's started affecting computers throughout Nova Scotia.

The newest bit of online scammers appears as a popup window supposedly generated by the local RCMP. The message accuses victims of watching child pornography, aiding terrorism or downloading illegal media, and then locks them out of their Internet browser, demanding a ransom via Ukash, an online cash payment provider.

Cody Lockett, a recent Dalhousie graduate, was watching a TV show online last

Quoted

"Unfortunately, people on the Internet are very creative."

Halifax RCMP spokesperson Cpl. Scott MacRae

week when the popup window appeared.

"It looked legit," said Lockett. "The site had the RCMP emblem on it and it showed you (the city) where you were."

The window told Lockett he had 12 hours to purchase a Ukash gift card at a gas station and use the code to pay a

\$300 fine — or he'd spend up to three years in prison.

"At first I was completely off-balance," said Lockett. "I didn't know what to do."

Lockett says the scam window remained even after force-quitting his browser. He had to restart his computer and reset his browser settings before it disappeared.

"It's written to make you believe it's local and legitimate as possible. In reality, it's completely the opposite," said Scott Pettie, an employee at the Wolf-Tech computer service shop in Burnside.

Pettie said the Trojan virus targets a computer's Internet Protocol address — or IP address — to figure out a victim's location.

Halifax RCMP spokesperson Cpl. Scott MacRae said the RCMP are aware of the scam and would never ask for personal or financial information online.

CLARK JANG/FOR METRO



In this photo illustration a user browses Pirate Bay, a popular torrent site. JEFF HARPER/METRO

Cape Breton

Police name cyclist who was killed by a car

Police in Cape Breton have released the name of a 53-year-old bicyclist who was struck and killed on Highway 125 this week.

Norma Jean Denney of Florence was hit Tuesday at around 2:30 p.m. near North Sydney.

THE CANADIAN PRESS

Burned to the ground

3 teens face charges in fire at abandoned plant

Three teenagers are facing charges of arson and break and enter after an abandoned paper plant in Kingston burned to the ground.

Police said Wednesday that they arrested three boys in relation to the fire Monday at the former



Monday's fire at a former Kingston paper plant. COURTESY BRIAN TAYLOR

Capital Paper warehouse. THE CANADIAN PRESS

Dartmouth

Man faces charges in knife incident

Halifax Regional Police say a man is facing charges after a disturbance in a north-end Dartmouth apartment building.

Around 3 p.m. Wednesday, residents on Brule Street reported a tenant wandering through the building threatening others with a knife. METRO

Michel Samson

Auditor general to release review of housing allowance

Nova Scotia's auditor general will release a report Friday into the living allowance paid to a Liberal MLA.

Jacques Lapointe announced in May that he would conduct a review of Michel Samson's monthly allowance for a rental property in Halifax.

Lapointe undertook the study after being approached by legislature Speaker Gordie Gosse, who was asked by Samson to look into the matter when questions were raised whether the house he rents in Halifax is his family's primary residence.

Gosse ruled that Samson's family lives in Halifax and should not receive a \$1,470 monthly allowance. Gosse said he referred the matter to the auditor general because Samson objected publicly to his ruling. THE CANADIAN PRESS

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One half of the Acrobuffos perform at the Halifax International Busker Festival on Wednesday. JEFF HARPER/METRO

Basking in the sun at the Busker Fest

'Great atmosphere'

Hundreds come out to enjoy balmy weather, first performances of Busker Festival

EVAN MCINTYRE
halifax@metronews.ca

The sun and the crowds came out in force for the first day of the Halifax Busker Festival — and the performers didn't disappoint.

Spectators clustered in the broad, open areas of the boardwalk to watch acts ranging from funny to funky.

Ernest the Magnifico's bright red cape and shoulder-length mullet got lots of attention, and an attentive crowd soon gathered 'round.

"I like how comical they are — more than just the stunts, but the humour they put into it," said Ashley Pat-

erson, visiting from Medicine Hat, Alta.

The Australian Magnifico entertained the audience with a handful of silly stunts, including jumping over an entire car — a remote-control car, that is.

"I liked, probably, the one where he lit the car on fire and had it flip over everyone," said Jason Wells, 9, of Newfoundland.

One performer got groans of agony from the crowd along with some oohs and aahs. The boardwalk behind The Maritime Museum was packed as Lisa Lottie twisted and spun herself, her hula hoops and the heads of passersby.

"It's a great atmosphere, and the price is certainly right," said Joe Perras of Peterborough, Ont.

All of the performances at the festival are free, but the artists make their living from audience donations.

Opinions on when to shell

out — and how much — were varied.

"I think we should give to them because that's what they're here for, that's how they make a living," said Crystal Elliott. "I think they're great performers, so they deserve it."

While it makes sense to pay after seeing an entire enjoyable performance, it's harder for some to support an artist without seeing their entire act.

"We've only seen one act so far. We certainly will (pay) if there's something we find entertaining," said Perras.

The festival runs until Monday.

Correction

Metro incorrectly identified the website for the Busker Festival in Wednesday's paper. The correct site for schedules and information is buskers.ca.

NOTICE NATAL DAY

Collection & Processing Services Garbage/Organics/Recyclables

Residents of Halifax Regional Municipality are advised that there will be NO garbage, organics or recyclables collection services on Natal Day, Monday August 5, 2013. Collection services for that day will be provided the preceding Saturday August 3, 2013.

Collection services can begin as early as 7am. To ensure collection, residents can place materials curbside the evening prior to collection day.

No Collection Monday August 5	Collection will occur the preceding Saturday August 3
Otter Lake Facility Closed Monday August 5	Otter Lake Facility Open Saturday August 3 7 am - 7 pm
HRM Recycling Plant Closed Monday August 5	HRM Recycling Plant Open Saturday August 3 7:30 am - 6 pm

For more information on HRM's composting and recycling programs, check your 2013 collection schedule or visit our website at www.halifax.ca/recycle.

HRM's residential Household Hazardous Waste (HHW) Depot will be closed Saturday, August 3 but will be open on Saturday August 10 from 9 am - 4 pm.



Three Little Pigs want shelter from the storm

Three little Nova Scotian pigs are fearful that harsh weather will huff, puff and blow away their coastal homes — and they're calling on the government to protect them with new regulations.

The Ecology Action Centre (EAC) staged a play on Wednesday highlighting the damage storms and erosion can do to coastal homes. One little pig built her house on the beach, but a big bad hurricane came and blew her house down.

"We get calls every week from property owners concerned about the rate of erosion on coastal properties," said EAC coastal co-ordinator Jenn Graham.

Quoted

"It's kind of absurd that we promote Nova Scotia as Canada's ocean playground but we don't have a single piece of legislation to protect this beautiful coast."

Jenn Graham, coastal co-ordinator for the Ecology Action Centre



Kate Chisholm, left, and Tamar Eylon, members of the Ecology Action Centre, perform a skit on Horseshoe Island on Wednesday to illustrate the dangers of coastal erosion. JEFF HARPER/METRO

A second little pig built her house with a retaining wall, but water from the sea seeped through it and flooded her basement. The last pig built her house far from the ocean on solid ground, and hers stood strong.

Currently, there are no province-wide regulations dictating where or what a person can build on a coastal property. Building homes that are exposed to harsh elements can be expensive to homeowners and taxpayers.

"It causes damages at all levels: individual, provincial

and municipal," said Graham.

She said that, on top of the costs an individual must pay to repair their home, local government has to repair damaged infrastructure, like roads and electricity.

The EAC calls for regulations to limit new construction on coastal property.

"We would like to see something that identifies the different parts of the coast and talks about the rate of erosion, the risk of floods. And we'd like to see specific properties certified," said Graham. EVAN MCINTYRE/FOR METRO



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Sandy Hook remains under emotional cloud

Connecticut Gov. Dannel P. Malloy purchases a bell that encourages kindness from a toy store in the business district of Sandy Hook in Newtown, Conn., Wednesday. Seven months after 20 children and six educators were fatally shot in a Newtown elementary school, some local business owners said Wednesday that a financial downturn and an emotional pall over the town persists. JESSICA HILL/THE ASSOCIATED PRESS

Sea King faces uncertain future during 50th year

Air crews and maintenance workers will share stories this week in Halifax as they gather to recall the 50-year history of Canada's Sea King helicopters. A series of events are planned for three days, including a tribute at the Grand Parade on Thursday.

But as they mark the golden anniversary, tales of survival are mixed with questions over how much longer the helicopters should be allowed to fly.

Aaron Plamondon, a historian at Mount Royal University

in Calgary, says the anniversary is a date that should concern Canadians because there is no replacement ready to take over for the aging aircraft.

"A 50-year anniversary means that they can no longer provide reliable and effective service to a modern navy that needs the latest sensors and avionics at sea," said Plamondon.

"The longer the Sea Kings fly, the more it costs the Canadian taxpayer as they are very expensive to maintain at this point." THE CANADIAN PRESS



A Canadian soldier jumps into Halifax harbour from a Sea King on Tuesday. ANDREW VAUGHAN/THE CANADIAN PRESS

TV survival tips may have saved woman

Lost in woods 12 days. Stepdad says watching *Man vs. Wild* gave daughter the skills to stay alive after alleged sex assault in Alberta



JEREMY NOLAÏS
Metro in Calgary

The parents of an Alberta woman who was allegedly attacked and spent 12 days lost in the woods believe she may owe her life to watching TV survival shows.

According to RCMP, the 25-year-old O'Chiese First Nation resident was assaulted by a man after the truck they were travelling in became stuck on a road on July 14. She managed to escape into the bush, but became disoriented.

Metro is withholding the woman's name because she is the victim of an alleged sexual assault. Even now, she remains under heavy sedation in hospi-

tal, but RCMP and family alike have begun piecing together how she was able to survive.

It's believed she stayed alive by eating berries and keeping close to a running river, even hopping in periodically to ride the current and gain ground faster than she could while walking, according to her stepfather.

"She even knew how to properly dry her clothes," he said Wednesday. "She went through a great ordeal. I do a lot of hunting, so I know some of what it takes, but she went missing for 12 days in the woods cold turkey and with a broken jaw, at that."

RCMP Const. Nick Munro said investigators believe the woman's jaw was injured during the alleged assault and that she also sustained a concussion. Family members also report she is being treated in hospital for cuts that became infected.

The woman was found Friday, 10 kilometres from where she was last seen. But her mother said Wednesday she believes her daughter likely travelled more than 30 kilometres dur-

Suspect arrested

Police arrested Kevin Roy Gladue of Edmonton later in the day Friday in connection with the woman's disappearance.

- Gladue has since been charged with sexual assault, aggravated assault and obstructing a peace officer. He was scheduled to first appear in court on Wednesday.

ing the ordeal.

Family and investigators have only been able to communicate with the woman periodically as she remains heavily sedated, but her stepfather said she's shed some light on where her survival knowledge came from.

"She said she always watched that survival show *Man vs. Wild*," he said, referencing a Discovery Channel show starring survivalist Bear Grylls. "She learned a lot of it from that show. She's only 25 years old — it's pretty amazing."

RCMP first reported the woman missing July 18. The woman's mother said she spent days at home waiting anxiously by the phone.

"It was so heartbreaking... I was just about a wreck," she said.

Quoted

"I do a lot of hunting, so I know some of what it takes, but she went missing for 12 days in the woods cold turkey and with a broken jaw, at that."

Stepfather of a woman who spent 12 days lost in the woods after an alleged attack

Pedestrian killed

Elderly woman charged with stunt driving

An 85-year-old woman faces charges after a pedestrian was struck and killed in Vaughan last month.

Police say that on June 10, a vehicle hit the pedestrian and her dog on a sidewalk. The pedestrian and her dog died at the scene. They say Betty Kestenberg has been charged with stunt driving for going more than 50 kilometres per hour over the speed limit. THE CANADIAN PRESS

Alleged murder plot. Two accused of conspiring to kill their spouses

Saskatchewan farmer Jim Taylor says he knew his marriage was in trouble, but he didn't at first believe Mounties when they told him that his wife was planning to kill him.

He was even more stunned when officers alleged that a man she was having an affair with was in on the scheme — and that the pair were also plotting to kill that man's wife.

Angela Nicholson and Curtis Vey, both 49, are

charged with conspiring to commit murder. They have not yet applied for bail and are to appear in court on Aug. 29.

Police told Taylor that Vey's wife Brigitte tipped them to an alleged murder plot in which Vey's wife was going to die in a house fire and Taylor would die of an overdose on Halloween.

Mounties wouldn't confirm details, other than to say the charges stem from an affair. THE CANADIAN PRESS

O.J. wins small victory behind jail bars

O.J. Simpson. Nevada grants him parole on some of his 2008 convictions, but the former football star remains in prison

O.J. Simpson won a small victory Wednesday in his bid

for freedom as Nevada granted him parole on some of his 2008 convictions for kidnapping and armed robbery involving the holdup of two sports memorabilia dealers at a Las Vegas hotel room.

But the decision doesn't mean Simpson will be leaving prison anytime soon. The former NFL star was convicted on multiple charges and still faces at least

Better than other inmates?

"My crime was trying to retrieve for my family my own property."

O.J. Simpson said his crime was different than other inmates, some of whom he now counsels. "They were trying to steal other people's property"

four more years behind bars on sentences that were or-

dered to run consecutively. The Nevada Board of Parole Commissioners released its decision in favour of Simpson's parole request Wednesday.

Commissioners noted Simpson's "positive institutional record" and his participation in programs addressing "behaviour that led to incarceration."

THE ASSOCIATED PRESS



O.J. Simpson listening in a Las Vegas court in May. JULIE JACOBSON/THE ASSOCIATED PRESS

New Mexico. Prisoners investigated for posting personal online profiles

Preston Blake says he's a "down to earth, mature and serious man."

In an online profile, he sports a shirtless photo of himself while smiling and flexing his right, chiselled arm. "I'm solid, real, in a world full of fake," the 31-year-old describes himself.

Blake is an inmate at the Lea County Correctional Facility in New Mexico, where he is serving an estimated 21 years for aggravated burglary and tampering with evidence, among other crimes, according to the Florida-based website WriteAPrisoner.com.

His profile and dozens of

others by inmates on similar sites are the subject of a New Mexico Department of Corrections investigation looking into violations by inmates and their families. State rules prohibit prisoners from posting public online profiles, and those who do face disciplinary action, from loss of privileges to loss of time served, said New Mexico Corrections Deputy Secretary of Operations Joe Booker.

"Inmates can correspond legally through mail and phone calls," Booker said. "But we don't know who's out there on the web."

THE ASSOCIATED PRESS

Under fire

Just helping inmates and pen-pals connect, site owner claims

Adam Lovell, president and owner of WriteAPrisoner.com, said the website is not a social media site and was created to connect pen-pals with prisoners. He said the site also provides educational tools and legal aide help.

Lovell said the website does not allow inmates to communicate with outsiders via the Internet. Instead, it helps people get in touch with prisoners

through snail mail, which is monitored by prison officials.

According to the website, inmates or their families can pay \$40 a year to let inmates post profiles that include photos and descriptions of themselves and their crimes. The profiles also say where they are serving time.

Crime victims groups said WriteAPrisoner.com isn't the only site offering to post profiles of inmates. Last week, the website meet-an-inmate.com came under fire in Houston after the family of a murdered daughter saw a profile on the site of a woman serving 30 years for her death.

THE ASSOCIATED PRESS

Connecting the willing

"I think this is a knee-jerk reaction by officials in New Mexico. Most inmates lose all contact with the outside world within a few years in prison. This just allows inmates to connect with people who want to correspond with them." Adam Lovell, owner of WriteAPrisoner.com

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Parents struck by grief, barely eating after son shot dead by cops

Sammy Yatim case.

Mother and father of 18-year-old killed by Toronto police in anguish, friend says

The parents of an 18-year-old who died after being shot by Toronto police are devastated and barely able to eat as they prepare for their son's funeral, a close family friend said Wednesday.

"His mother hasn't eaten in days," said Joseph Nazar, adding that friends have been trying to feed her spoonfuls of soup.

Nazar said Sammy Yatim's father has also been too grief-stricken to eat.

"I've told him ... he needs to be able to stand at the funeral," Nazar said.

Ontario's police watchdog said Yatim died Saturday mor-



Sarah Yatim, centre, is hugged by people while attending a memorial service for her 18-year-old brother Sammy Yatim on Wednesday. NATHAN DENETTE/THE CANADIAN PRESS

ning after receiving multiple gunshot wounds during an "interaction" with police. A

Taser was also used.

The incident, which was captured on surveillance and

cellphone video, has sparked public outrage over police use of force.

In one video that has circulated online, Yatim can be seen pacing an empty street-

Looking deeper

The use of police force in the shooting death of Sammy Yatim has prompted Ontario's ombudsman to question whether it is time for the government to review police de-escalation guidelines.

car as shouts of "drop the knife" are heard. Then nine shots can be heard — first three shots in succession then six more after a pause of about six seconds.

Yatim's mother and sister were among hundreds of protesters who took to the streets Monday night, brandishing posters reading Protect Us From Our Protectors and Think Before You Shoot and calling for Justice For Sammy.

THE CANADIAN PRESS

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Calgary Zoo partially reopens after flood

Busy season. The zoo faces \$50 million in damages from the June flood; donations can be made at calgaryzoo.com



KATIE TURNER
Metro in Calgary

Strollers rolled in and small feet ran through the open gates of the Calgary Zoo as the facility partially reopened for the first time since the city was hit by massive flooding six weeks ago.

Roughly one-third of the zoo opened for public access — the Canadian Wilds, Prehistoric Park and the Penguin Plunge, which is home to a new chick.

Missed by patrons

"It's exciting ... We've missed it a lot."

Zoo visitor Constance Chan. She said the facility is a big part of her children's lives and they usually visit a couple times a week during the summer.

Spokesperson Trish Exton-Parder said it was vital the zoo open, even if par-

tially, as they're facing \$50 million in damages from the flood and are losing revenue daily.

"We're losing about \$160,000 a day so we still need people's help so we can open the rest of the island," she said.

The zoo has opened a centre which shows what staff and animals dealt with during the floods.



Talks were given Wednesday as the Calgary Zoo reopened. KATIE TURNER/METRO

Goderich, Ont.

'Next time lock your car': Thief's note to car owner

Police say a thief in Goderich left a snarky note reminding the owner of the vehicle they just robbed to lock it next time.

Police say the culprit made off with items including a GPS unit and an air pressure gauge.

The thief's note to the owner read "next time lock your car."

THE CANADIAN PRESS

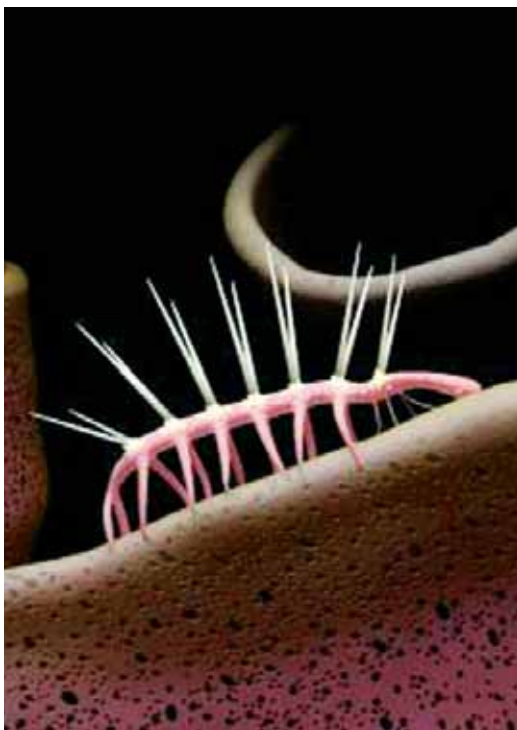
Tsunami follow-up

Less tsunami debris than expected on B.C. shores: Officials

B.C. and the feds say the West Coast is seeing less debris from the Japanese tsunami than expected.

The 1.5 million tons of debris that was expected to arrive on the West Coast hasn't materialized as quickly as anticipated. One million dollars in cleanup funds will still be distributed.

THE CANADIAN PRESS



Fossil has modern family

A prickly worm that has legs is shown in an animation still from the Burgess Shale website. The worm lived in Canada 505 million years ago. But it's not as rare as once thought. Researchers have found the *Hallucigenia sparsa* was part of a group of animals that once lived on the sea floor from Canada to China, the U.K. to Australia. A study says the ancient worm has a modern-day cousin in the velvet worm that lives in jungles around the world. HANDOUT/THE CANADIAN PRESS

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The top floors of 151 Yonge St. in Toronto. You Find Work has an office on the 11th floor. JESSICA SMITH/METRO IN TORONTO

Your dream job awaits — that'll be \$6,000

Metro undercover. Our reporter probes a twisted network of shady companies to see if there's any truth to the 'hidden job market'



JESSICA SMITH
Metro in Toronto

I'm in a tiny office in a swank tower in Toronto's financial core with Dale Smith, who runs a career-counselling business. I've been told he makes promises he doesn't keep and charges a high price for access to job postings anyone can find on Google.

He sets down a contract.

"My favourite, in the whole page, is the client-satisfaction guarantee," says Smith, circling the word "guarantee."

"It's only in the last 10 years ... that we feel so bold that we can guarantee you're going to end up with a position."

The contract is with 2375880 Ontario Limited, under the name "You Find Work" — a company that has only existed for a few months. But Smith has run similar businesses under other names, including Toronto Pathways, Job Search Success and Job Success for nearly 10 years. Before that, he did career counselling for a Canadian franchise of U.S. business Bernard Haldane Associates.

I came to his office posing as a job seeker after being tipped off by a reader.

The complaint was similar to others launched in small-claims court, posted to online consumer complaint forums and told to Metro by former clients: They promise access to a "hidden job market," an

exclusive job database and contacts at big companies — for a big price tag.

Job seeker fights back— 650784 Business Corp.

At small-claims court, I found 10 lawsuits against You Find Work, Dale Smith and other companies he's worked with.

"I don't want you to use my name," said the first plaintiff I called. "You can just refer to me as the victim."

He has an MBA, a PhD and now works on economic policy in the federal government. He says he earned that job on his own.

In 2004, he was relatively new to Canada. He saw a newspaper ad for Bernard Haldane Associates and met with Smith, the general manager of BH Careers International — the legal name for Toronto franchises.

After charging \$6,000, the company brought him in several times to discuss his résumé but never delivered job leads beyond what is easily found online, he claims.

The man requested his money back. His contract allowed him to get a refund for any portions of the program he had not yet completed.

The company refused. At the time, Bernard Haldane Associates was being sued by the State of Illinois for allegedly misleading consumers and had just shut down its Canadian operations.

At that time, Smith set up his own company — RD Group International — in the same location with the same staff and clients.

The man sued both companies and won, but they appealed. He didn't have the money to hire a lawyer and lost. The judge decided he hadn't proven that RD Group

International was legally required to honour his contract with BH Careers.

He estimates the ordeal cost him \$10,000.

New company, new complaints — 2057161 Ontario Ltd.

Havva Seydali and her husband, Serdar Feyzioglu, are taking Smith's company 2057161 Ontario Limited — formerly Toronto Pathways — to court.

"My husband was trying to find work and they contacted him first. I don't know where they got his résumé from. It was probably Monster.ca or Workopolis," Seydali said. "They gave him the impression that they were a recruiter and he had a job interview."

Next, they asked him to bring in his wife.

"They went through this ... explanation of there are two jobs and he's the perfect candidate ... and then it ended up being a service where you pay a fee and they'd guarantee 99.9 per cent you have the job," she said.

Their situation was "des-

perate." She'd been laid off, and her husband had recently finished a degree in industrial engineering.

"We ended up paying close to \$5,000 to secure this opportunity," she said. "Instead they started sending him coaching materials on how to find a job."

A year later, the jobs never materialized and Feyzioglu is still looking for work, she said.

Their accusations haven't been proven in court.

2057161 Ontario Ltd., a.k.a. Toronto Pathways, appears to be shut down now, but Murray James Nahnybida, a former career counsellor at Pathways, registered a new company — 2375880 Ontario Ltd. — in July to do business as You Find Work, with Dale Smith as general manager.

Our experience at You Find Work—2375880 Ontario Ltd.

It's not illegal to accept money to help write résumés and prepare for interviews. It is illegal to make promises that can't be delivered.

The complaints I've heard follow the same basic pattern.

Clients in uproar

Some clients of a string of related Toronto career-counselling companies have gone to small-claims court and vented online about the same alleged scam:

- The companies target vulnerable, out-of-work people
- They offer exclusive leads to great jobs
- They charge thousands
- Once the money is paid, they fail to deliver

I recognize that pattern while posing as a potential client.

The first meeting is about me. Smith claims they'll work with only one in 10 who want their help — forcing job seekers to prove themselves.

According to the résumé I submitted, I haven't worked since 2011, when I left a \$14-an-hour job as an administrative assistant. I have an undergraduate degree in creative writing and no other work experience. But I was accepted.

Over two long interviews, he finds ways to flatter me. I dress well, carry myself well and it was my persistence in calling back twice that impressed him. It goes on and on.

At the end of the meeting he mentions there's a cost. He skirts the question.

"Really, the investment has to make sense.... You have to see the return coming back."

He asks me to bring in my fiancé. I bring along web editor Andrew Fifield to pose as "Rob."

Smith offers to leverage the company's "hidden job market" — his helpful network of

satisfied clients who've gone on to work in high places.

Smith guarantees a job but not a time frame, saying only that 70 to 80 per cent of his clients get a job within a couple weeks to a few months.

I'd said I'd like to make \$25 an hour — \$52,000 a year.

Smith isn't fazed and says, "The right employer might pay you more than that, once they see how productive (you are)."

He says we'll aim for a job that pays \$60,000 "and settle for \$55,000."

The fee he's going to charge me is based on that projection. If I pay up front, the cost is \$3,756 plus HST. If I can't, it's \$4,695 in installments.

The reveal

After revealing we're reporters, Smith is adamant he's done nothing wrong — the company changed names so many times as "brand marketing."

I ask Smith to prove he has good contacts, to put me in touch with any HR department that could confirm their relationship.

"I can't really disclose that without getting their permission first," he says. "We have lots of contacts. How could we be in business and not have contacts?"

Smith blames the complaints and lawsuits on the "one to three per cent" of his 400 to 500 clients a year who are dissatisfied. Some people just won't try, he says.

"We have dozens and dozens of satisfied clients."

I tell him to send some of his satisfied clients my contact information and encourage them to contact me.

A week later, he has not produced one client or company that's willing to vouch for him.

Think you got scammed?

The government can help:

- The Ontario Ministry of Consumer Services placed Toronto Pathways on its "consumer beware" list
- Service Alberta ordered a Bernard Haldane franchise to stop deceptive practices
- Canada's Competition Bureau has issued fines, including to one service in B.C. for falsely promising to use its network to arrange job interviews



Dale Smith in a video posted online, defending the reputation of his last career-counselling business, Toronto Pathways. YOUTUBE

Publishing. U.K. law firm apologizes for revealing J.K. Rowling's pseudonym

Author J.K. Rowling accepted an apology and a charitable donation Wednesday from a law firm that revealed she wrote a crime novel under a pseudonym.

The Harry Potter author was exposed by a newspaper on July 14 as the author of *The Cuckoo's Calling*, a thriller ostensibly written by former soldier and first-time novelist Robert Galbraith.

The book was published in April to good reviews but modest sales, and there was speculation that Rowling or her pub-

lisher had leaked the news to raise the book's profile.

But the law firm Russells, which has done work for Rowling, acknowledged that one of its partners had let the information slip to his wife's best friend, who tweeted it to a Sunday Times columnist.

Rowling sued the lawyer and the friend. Her attorney told Britain's High Court on Wednesday that Rowling had been left "angry and distressed that her confidences had been betrayed."

THE ASSOCIATED PRESS

Social media. Facebook stock passes its IPO price — at last

Facebook's stock has passed its \$38 US IPO price for the first time since its rocky public debut last May, crossing a symbolic hurdle that has eluded it for more than a year.

Shares of Facebook Inc. increased 1.2 per cent to \$38.08 in morning trading Wednesday. That's the highest the stock has traded since the company's highly anticipated

initial public offering ended with a thud. The stock is up by more than 50 per cent since last week.

The world's biggest online social network has been on a roll since reporting stronger-than-expected earnings on July 24. Investors are especially upbeat about its fast-growing mobile advertising revenue.

THE ASSOCIATED PRESS

Google partnership

Starbucks boosts Wi-Fi at U.S. stores

Starbucks says it's reached a deal to partner with Google that will allow it to offer customers dramatically faster Wi-Fi service. Starting in August, new U.S. company-operated stores will begin to receive up to 10 times faster network and Wi-Fi speeds.

THE ASSOCIATED PRESS

Market Minute



DOLLAR
97.35¢ (+0.28¢)



TSX
12,486.64 (-95.11)



OIL
\$105.03 US (+\$1.95)



GOLD
\$1,313 US (-\$11.80)

Natural gas: \$3.44 US (+1¢)
Dow Jones: 15,499.54 (-21.05)



Travellers wait to have their boarding passes checked at the American Airlines terminal at Los Angeles International Airport in this file photo. Turns out, getting passengers onto and off planes is so complicated that airlines must continually evaluate how they do it. GETTY IMAGES FILE

Airlines try to perfect the tricky art of boarding

Terminal headache.

You may think it's easy to get people onto a plane, but the process is so troublesome it has to be constantly tweaked

Getting people on and off an airplane quickly is so complicated that even an astrophysicist couldn't figure it out.

The astrophysicist, Jason Steffen of the University of Illinois, normally contemplates things such as axion-like particles. But after waiting in one boarding line too many, he turned to the mysteries of airline seating. "I thought there had to be a better way," he says.

So, after a series of calculations, he deduced that the best

system would be a combination of filling window seats first, then middle and aisle ones, while also spacing the boarding passengers two rows apart.

There was just one problem — passengers would have to board in precise order. Good luck with that. These are the same passengers who don't turn off their phones even after they're told it's a federal law. "Well," Steffen observes, "I understand why airline people aren't calling me."

But the search for the perfect boarding process goes on.

Most airlines allow first-class and other elite customers to board first. After that, some fill the rear rows first and work toward the front.

Others fill window seats and work in toward the aisle. Some used to employ a hybrid called the reverse-pyramid.

Time is (a lot of) money

- All of this matters more than you might think. Passengers want to board early to find space in the overhead bins for their rolling carry-on bags. For airlines, every minute that a plane sits at the gate makes it more likely that the flight will be late, hurting the carrier's on-time rating and causing pas-

sengers to miss connecting flights.

- There's an economic cost to running late, too. Researchers from Northern Illinois University say that at one major airline, which they didn't identify, every extra minute at the gate added \$30 US in costs.

Southwest Airlines has random seating: There are no assigned seats — passengers sort things out themselves. They can pay extra to be near the front of the boarding line.

In recent weeks, United and American have rolled out new strategies for faster boarding. American is letting passengers

board sooner if they don't put anything in the overhead bins. The idea is to get more people seated quickly before passengers with rolling bags clog the aisle.

United reduced the number of boarding groups from seven to five while adding lanes in gate areas. THE ASSOCIATED PRESS

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2013

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and Plaintiff
McCUAIG & COMPANY INCORPORATED, Trustee in bankruptcy of the Estate of Timothy James Ralph Bona
Defendants
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Hfx. No. 415325

To be sold at Public Auction under an order for foreclosure, sale, and possession, unless before the time of sale the amount due to the plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

PROPERTY: ALL that certain parcel of land known as 32 Osborne Avenue, Dartmouth, Halifax County Nova Scotia, also known as PID 40430316 and more fully described in the mortgage recorded at the Halifax County Land Registration Office at document number 101101641. The parcel has been registered pursuant to the Land Registration Act.

A copy of the description of the property, as contained in the mortgage under foreclosure, is on file at the sheriff's office and may be inspected during business hours.

Date of Sale: Friday, August 2, 2013

Time of Sale: 12:30 p.m. in the afternoon, local time.

Place of Sale: The Law Courts, 1815 Upper Street, Halifax, NS B3J 1S7

Terms: Ten per cent (10%) deposit payable by cash, certified cheque, or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

Signature

Signed on the day of July, 2013

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BUTCHER
1800-1801 Hollis Street, Halifax, NS B3J 3N4
Telephone: 902-423-6361/Facsimile: 902-420-9326
1045588/kl

Sheriff for Halifax County,
Province of Nova Scotia

SALIVATING OVER BIEBS' CAREER

The 24-hour media cycle sometimes means that deserving musicians go unheralded because entertainment reporters are chasing the latest star from concert to concert or quote to quote.

Sometimes a pop icon's daily mini-scandals keep us from noting the larger trends in music. Sometimes we forget about the talent, hard work and dedication required to be an up-and-coming entertainer, because we'd prefer to write a Justin Bieber story that is guaranteed to get a lot of views for no other reason than the word "Bieber."

As a completely random example, take this column you're reading right now: Bieber, Bieber, Bieber!

Here's a look at Justin Bieber's career highlights:

1994: Born as pop royalty, Bieber's hotly anticipated birth is met with screaming women clamouring outside his hospital window hoping to be spat upon by the infantile crooner.

1998: Shows affinity for music as early as four when he spends hours mastering electronic keyboard's "drum machine" button.



HE SAYS

John Mazerolle

metronews.ca

2007: Discovered on YouTube, where his critical analysis of Zimbabwe's metamorphosis from "Africa's breadbasket to a hyper-inflated basket case" catches the eye of several organizers with TED Talks.

November 2009: Releases first album and becomes a millionaire within days; cries self to sleep because of scathing review in Chart Attack.

March 2010: Quietly releases second album. Excitedly runs to mother when hometown Stratford Beacon Herald places his photo on arts front, which is cut out and given place of pride on kitchen fridge.

April 2010: Changes signature haircut in spontaneous decision approved by 37 agents, publicists, stylists and handlers.

June 2010: Concert for 90,000 people at Wembley not going well until dad suddenly appears to sit in empty seat Bieber had been staring at longingly.

August 2010: Creates 10 fake Twitter accounts in pathetic bid to

push himself over 23 million followers.

January 2011: Earns nickname "Biebs" because of his love of BBC.

March 2011: Makes utter fool of himself on 17th birthday by acting like a 17-year-old.

December 2011: Bieber's sweet natural delivery and boyish charm are made more marketable for later albums by pop-music computer Asshat 5000.

April 2012: Bieber sings duet on stage with Taylor Swift, becoming inspiration for three full discs of Swift break-up songs.

October 2012: Causes a stir when he meets Prime Minister Stephen Harper for a photo-op wearing only Selena Gomez.

November 2012: Playing half-time at Grey Cup, totally misreads local crowd and gets booed lustily when he suggests to Torontonians that the CFL is awesome.

June 2013: Disappointed when Twitter moniker Robert Galbraith, meant to show quality of tweets, not name recognition, attracts only 12 followers.

July 2013: Baset by criticisms for off-stage antics, Biebs reminds critics of his talent at Toronto concert with 27-minute harp solo.

ZOOM

You'll get really high in this hotel room



BRENNAN LINSLEY/THE ASSOCIATED PRESS

Inflatable hotel costs \$50K a night

A hotel room made of aluminum and inflated vinyl is held aloft by a van-mounted scissor lift, on promotional display in a parking lot in downtown Denver.

Architectural artist Alex Schweder created the five-by-

seven-foot room atop a van for the Biennial of the Americas in Denver. For \$50,000 US, a guest would get one weekend night in the puffy space, plus lots of extras including a diamond pendant and earring set, two iPod Nanos and a dance party for 100 people in a ballroom of the Curtis Hotel.

THE ASSOCIATED PRESS

Castle in the sky

- It has a chemical toilet, shower, sink, inflatable bed and couch, and curtains. It is being driven to parking lots until Aug. 23.
- There is a weight limit, and no smoking allowed.

Squeezing in the lap of luxury

After Schweder learned developers want to turn several Denver parking lots into hotels, he created "the hotel rehearsal." One early draft involved suspending the room from a crane.

THE ASSOCIATED PRESS

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

Next Sunday is the long-awaited return of a certain era-defining television series based around the manufacture of a drug that's almost as addictive as the show. Obsess over the dropped-jaw moments the final season of *Breaking Bad* promises us by joining in on the discourse at these TV-recap sites.



TORSTAR NEWS SERVICE/HANDOUT

Vulture

Matt Zoller Seitz is already back on the Walter White train by revisiting the first five seasons, armed with the knowledge of everything each character has been through. It's interesting stuff, and an excellent primer for when he starts probing the corners of the remaining eight episodes as they air. (vulture.com)

Grantland

Bill Simmons' haven of pop culture and sports is blessed with Andy Green-

wald, one of the sharpest and funniest TV critics around. While you're still grappling with the latest dark and depressing deed from Walt, Greenwald is already well on his way to astutely ascribing motivation and potential fallout. (grantland.com)

The AV Club

The Onion's sister site is home to many great writers, but the unsung hero of it all is the feisty comment community at the bottom of each article page. (avclub.com)

Comments

RE: Water's Rising. Where's The Ark? Published July 31

It happens that I have been a research scientist in the communications domain for almost thirty years.

First of all, back when I was a young postgraduate, if I came up with a wrong result I could expect to find myself sitting in the director's office. The director would look across his table, as he did with many a researcher, and say: "Son, you got some 'splainin' to do!" Only once you'd explained what went wrong

and how you were going to fix it to the satisfaction of the director, did you get to work on a new project.

In the climate-study domain there have been, over the last 20 or 30 years, a lot of wrong predictions: Those climate scientists have definitely "got some 'splainin' to do."

Secondly, to another scientist the latest prediction by Strauss actually has no more meaning than a mythical number. A scientist wants to know a few other details before a number has meaning. These other details include the confidence level of the number.

Chris Kurowski, Ottawa

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca

Summer school with Mr. D

CBC show. Metro goes behind the scenes on the set of Mr. D to speak to star Gerry Dee about what to expect this season



BACKSTAGE PASS
Jenna Conter
halifax@metronews.ca

In the world of television, as in the world of no-name-branded sugared-cereal knockoffs, things are not always as they seem.

So, when I was told by a PR representative to meet at CFB Halifax's curling club to get a behind-the-scenes look at the filming of the third season of CBC's Mr. D, I wasn't entirely sure what to expect.

Knowing that this locally filmed comedy takes over the student-less hallways of Halifax's Citadel High School during the summer filming schedule, I wondered how glamorized a curling club could become.

Behind the scenes

"It's busy days for everyone but we have a great cast and crew. I think everyone has fun working on the show and I try to keep it that way. It's a ton of fun and a dream come true. You couldn't ask for a better job for all of us."

Gerry Dee of Mr. D
Talking about life on set



Gerry Dee is moving from the classroom to the gym in this season of the CBC comedy Mr. D. MIKE TOMPKINS

Having seen Mel Brooks' Blazing Saddles on numerous occasions I'm fully versed in what movie magic can create with some paint and talented hard work.

As promised, Citadel High has been recreated, piecemeal, within the confines of the curling club — from the lockers that line the hallways to the quaint classrooms, where I'm perched to watch the blocking of a scene featuring star Gerry Dee.

"It's like anything — you do it a third time and you get better at it, so I think that's the stage we're at now," Dee explained to me between takes.

"We're getting better at what we do, finding out where our mistakes might have been, and keep adjusting and tightening up the show."

Airing on CBC, Mr. D's biggest adjustment this season is telling the story in

eight episodes rather than 13 to make room for those pesky Olympics.

"We are focusing on the main cast — last year we had guest stars — but this year we are focusing on the story of Gerry starting to teach Physical Education (P.E.)," said Dee.

For those of you not familiar with the show, Mr. D is an under-qualified social studies teacher who longs to teach P.E.

Season three opens with an event that allows him to cover a P.E. class.

The show's content comes in large part from the former teacher Dee's own memory. Having spent the majority of his decade-long teaching career as a P.E. teacher, with only three years in the classroom, "I'm running out of the classroom stories so I think you'll see (the show) start to be a combination of P.E. and classroom material."

2 SCENE

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1. THE WHITE PRINCESS Philippa Gregory

Caught between loyalties, the mother of the Tudors must choose between the red rose and the white. Philippa Gregory presents the latest Cousins' War novel, the remarkable story of Elizabeth of York, daughter of the White Queen.

Last Week: 1 / Weeks on List: 1



2. THE CASUAL VACANCY J.K. Rowling

A big novel about a small town. Pagford is, seemingly, an English idyll, with a cobbled market square and an ancient abbey, but what lies behind the pretty façade is a town at war. The Casual Vacancy, now in paperback, is J.K. Rowling's first novel for adults.

Last Week: 2 / Weeks on List: 1

This Week

Last Week Weeks on List

- | | | |
|---|----|----|
| ★ 3. WAGING HEAVY PEACE Neil Young | - | - |
| 4. THE SECRET KEEPER Kate Morton | 4 | 3 |
| 5. THE ENGLISH GIRL Daniel Silva | 5 | 3 |
| 6. FIRST SIGHT Danielle Steel | 6 | 3 |
| 7. INFERNO Dan Brown | 7 | 10 |
| ★ 8. CRAZY RICH ASIANS Kevin Kwan | - | - |
| 9. BEAUTIFUL DAY Elin Hilderbrand | 9 | 6 |
| 10. THE OCEAN AT THE END OF THE LANE
Neil Gaiman | 10 | 7 |
| 11. THE EYE OF GOD James Rollins | 3 | 6 |
| 12. SILVER STAR Jeannette Walls | 12 | 8 |
| 13. THE KILL ROOM Jeffery Deaver | 13 | 9 |
| 14. REVENGE WEARS PRADA Lauren Weisberger | 14 | 9 |
| 15. THE FIRE WITNESS Lars Kepler | 8 | 8 |
| 16. WILD Cheryl Strayed | 16 | 18 |
| 17. LET'S EXPLORE DIABETES WITH OWLS David Sedaris | 17 | 15 |
| 18. THE SECRET RACE Tyler Hamilton | 11 | 7 |
| 19. I WEAR THE BLACK HAT Chuck Klosterman | 19 | 1 |
| 20. SECOND HONEYMOON James Patterson | 20 | 5 |

Combined Fiction and Non-Fiction Bestsellers for the week, ending August 5th

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metro

16

metronews.ca
Thursday, August 1, 2013

Williams is one of The Crazy Ones

Move over Mork.

Robin Williams is an advertising genius dealing with plenty of personal woes in his latest television role

Want to make Robin Williams laugh? Call him a sad clown.

That's what one critic did Monday on CBS's Television Critics Association press tour presentation for The Crazy Ones. The fall comedy stars Williams as the head of an ad agency with Buffy the Vampire Slayer star Sarah Michelle Gellar playing his daughter and business partner. James Wolk (Mad Men) is also part of the ensemble.

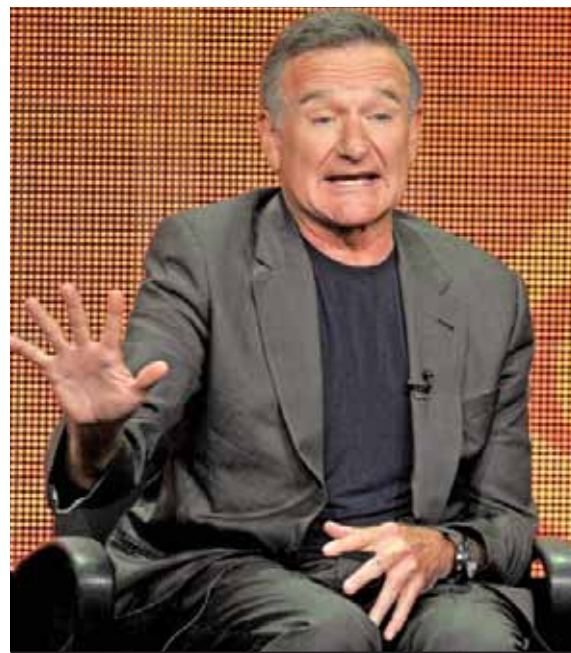
Responding to a comment from a critic that there are sweet, poignant moments on the show — setting up the “sad clown” remark — Williams did a whole wacky bit on being a sad clown, jumping out of his seat, causing his lapel mike to become untethered. He wondered what it would be like waking up next to a sad clown: “Oh, my God, what are those big feet doing in my bed?”

It was the kind of funny business reporters and fans have come to expect from Williams. There are flashes of the same free spirited antics in the pilot, although David E. Kelley — an unlikely showrunner — says Williams can stick to a script, too.

“He says my words perfectly — then he uses his,” says Kelley.

The former Ally McBeal and Boston Legal showrunner says writing for an old pro like Williams was intimidating: “I feel like I’ve been handed the keys to a car that I am ill-equipped to drive.”

Kelley says an actual ad executive approached him with the idea for the show several years ago. He says it’s basically



Robin Williams gets a little animated at the Television Critics Association press tour while promoting his new show The Crazy Ones. THE ASSOCIATED PRESS

about “this iconic, crazy advertising genius and his relationship with his daughter.”

The pilot episode shows Williams’ and Gellar’s father-daughter characters trying to pitch a new ad for McDonald’s. The fast food giant gets plenty of plugs throughout the half hour, but the producers insist there was no payment for embedding the Mc-references.

“But if you look under your chair there’s a Happy Meal,” cracked Williams.

The 62-year-old funnyman rose to fame in 1978 after being cast as a comedic alien in the ABC series Mork & Mindy. He praised his co-star from those days, Pam Dawber, for her ability to play straight woman to his insanity.

“Pam held the line for me. She was incredible, which allowed me to be as outrageous as I was.”

After the formal press

conference, Williams was asked about how TV and comedy has changed since those Mork & Mindy days. That show “started out real playful, then eventually, it just burned out,” he said. This new show “can’t just be about riffing.”

The culture seems to have sped up, too, matching, in some ways, Williams’ frenetic style. Even he has trouble spitting out all those rat-tat-tat references before they become stale. Williams told an Anthony Weiner joke during the session, for example, and then wondered aloud whether Weiner jokes were already last week’s news.

He came up with a variation of Andy Warhol’s old line “In the future everybody will be famous for 15 minutes,” changing it to, “in the future, everybody will have their own TV network.”

THE CANADIAN PRESS

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Simon Cowell ALL IMAGES GETTY

Awkward future arrival? Cowell has reportedly knocked up friend's wife

Simon Cowell is reportedly going to be a dad — but the mother-to-be already has a husband. New York socialite Lauren Silverman is reportedly expecting a child with Cowell, though she's still married to Cowell's close friend Andrew Silverman, according to *Us Weekly*. "Lauren and Andrew have

been unhappy in their marriage for some time, and their divorce has been in the works for a while," a source says. "As their marriage deteriorated, she and Simon became close." The source adds that Lauren is "around 10 weeks along." Cowell's reps were unavailable for comment.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Fergie solidifies her gay icon status with 'gayby' shower



**THE
WORD**
Dorothy Robinson
scene@metronews.ca

When I first heard that Fergie and Josh Duhamel threw a "gayby" themed baby shower for their son, due in September, I was a bit perplexed: How did they know their fetus liked boys?

But I was mistaken, as usual. Their "gayby"

baby shower, which was attended by the likes of Perez Hilton, Kelly Osbourne, Adam Lambert, Molly Sims, Gabriel Aubry, Julianne Hough, RuPaul and Lance Bass, was named as such to flaunt Fergie's gay-icon status (which makes me wonder what would have happened if Judy Garland were around to have a baby).

Sunday's fete, held at the SLS Hotel in Los Angeles, featured burlesque dancers in drag, a black, white and blue theme, and shirtless bartenders serving Fergie's Ferguson Crest wine. If his baby shower was this much fun, what in the world is he going to do for his 21st?



James Blunt

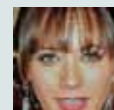
Blunt's mass music mail a 'mistake', pull the other one!

James Blunt wishes he could unsend an email that accidentally went out to millions of recipients and included his new single, *Bonfire Heart*. Blunt took to Twitter to voice his embarrassment, writing, "Oops."

Just emailed the whole of the U.K. by mistake." His record label also says the message was a "clerical error," but many are skeptical, suggesting it's just a publicity ploy.



Twitter



@iamrashidajones

I wish you could Shazam someone's face



@johncusack

Well personally I can say to my gov that jails the whistleblowers and let's the criminals free "go straight to hell boys" this ain't over



@mindykaling

"Kiss me on the lips or you're fired!" is something you shouldn't say to your crew, I learned today



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**SHOPPERS
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Feeling insane in the mane?



"Stay away from excessive colour, heat and anything that can damage the hair cuticle," says Dr. Bauman. ISTOCK

Dr. Alan J. Bauman on treatments

What are some ways to tame frizzy hair?

The first thing to remember is that frizz is a combination of problems. Sometimes the more hair damage that you have, the frizzier your hair will be — and, of course, those with curlier hair typically end up with more frizz.

So some of these things you can't change, but there are things you can do to reduce it. You can straighten your hair, you can flatiron it or use straightening treatments

— but in the long-term, those things might damage the cuticle, which could make your hair more prone to frizz.

Conditioning it regularly is the safest and most effective thing that you could do. And be conscious of the types of products that you're using. Shampoos and conditioners with amino silicones and cationic surfactants are ideal for treating frizzy hair."

What are amino silicones and

cationic surfactants?

Silicones, especially amino silicones, are the things that fill in the gaps of the cuticle. The silicones decrease the friction, meaning that the hair strands will be able to slide more easily through the comb and you're less likely to tangle it or snag it. Now the cationic surfactants fill in the cuticle, almost like a chemical patch, to restore the natural smoothness and quality in the hair. So imagine if the cuticles are fish scales that lay on top of one another. As damage

Tress distress. We get to the very root of the frizz problem to learn how to tame it

COURTNEY FOWLER
Metro World News

We love our hair, but when the humidity hits each summer the same question runs through our mind: Should we just cut it all off?

Here to help walk us off the edge is Dr. Alan J. Bauman, a board-certified hair science consultant and member of the prestigious Pantene Institute.

He told us what we can do to finally have some good hair days this summer.

But first, what causes frizz?

Natural texture

"The texture of hair is essential

to establishing its tendency to frizz. Often hair that is curly or wavy will likely become frizzy."

Environment

"Humidity, heat and changes in the air quality cause friction in the hair. Hair is made up of long keratin proteins that form two types of compound bonds. One is a hydrogen bond.

"These bonds break and reform every time your hair gets wet and it dries. Because there is so much water in humid air, those bonds are broken and reformed faster, resulting in frizz."

Hair quality

"The bottom line is hair that isn't healthy will be prone to frizz. Hair that has already had some type of disruption or chemical damage, such as with colour or excessive heat, is overwhelmingly more prone to frizz because it's in an unhealthy state."

occurs, those scales kind of break away or peel up from the hair, resulting in frizz, but the cationic surfactants fill in those gaps and the amino silicones decrease the friction and make it easier to comb or brush.

What about keratin treatments?

"Keratin is a chemical and heat treatment that is used to straighten the hair. It breaks the sulfate bonds in the hair

and essentially reforms them so that the hair is straight. It's considered almost like a semi-permanent treatment because, although every salon applies it differently, it's something that would need to be reapplied. So, it reduces frizz and allows the hair to dry a little bit better and gives you kind of wash-and-wear hair. But, it also comes with risks, because as that straightening wears off, you need it to be straightened again — and eventually the heat and chemicals can cause breakage.

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Stone-age decor keeps things cool



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Cool to the eye and cooling to the touch, marble and stone creates a timeless look for the home, whether on the floors, counters or as an accessory in a room. This decor is my new obsession, and not just for shower tiles or countertops.

Topping an antique table with marble instantly gives it new life, and adding marble accessories to a kitchen countertop serves up high-end style.



Sculptural stone vessel

Hand-cast from resin and cement with the character of weathered stone. Use to plant orchids or hold your favourite magazines. \$129, restorationhardware.com



Blaine candle holders

A modern take on the sculptural hour glass. \$22 to \$30, crateandbarrel.com



Chateau kitchen island

This piece is reminiscent of France's wine country; it's made of reclaimed pine in a silver grey finish and topped with sleek black granite. \$1,299, urbanbarn.com

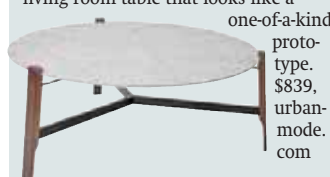


Carrara marble long board serving platter

Set your cheese and crackers wheeling down the table on a surfboard-shaped, custom-made platter, or display perfume bottles on a long vanity. \$620, dididunphy.com

Free range coffee table

Mixed mediums of dark walnut, black metal and marble create an ultra-chic living room table that looks like a



one-of-a-kind prototype. \$839, urban-mode.com

Adelsten pestle and mortar

Perform old-fashioned culinary duties with modern style in the kitchen. It's the original pepper grinder. \$15, ikea.com



Dumortierite Concetto countertop surface

Made from cut/bound semi precious stones for luxurious counter surfaces. Price upon request, caesarstone.ca



Bionic aqua marble vessel sink bowl

Add a dash of colour to the powder room with blue veined marble. \$247, sears.ca



Etiquette

So I can't play the spoons with it?



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Have you ever wondered when eating at an elegant restaurant, "What am I supposed to do with the strange flat spoon?"

Well the "flat spoon" is called an individual sauce spoon (cuillère à sauce) and is correctly set at the dinner table on the right side of the dinner plate, between the plate and the main course knife.

So when did this strange spoon appear on our dinner tables?

Well the sauce spoon first appeared in the 1950s in Paris, France. The restaurant was called LASSERRE, and chef René Lasserre decided to help guests enjoy the delicious sauces without the need of using bread to "mop up the delicious liquid." So he invented this wonderful spoon.

The invention and custom of using a sauce spoon



You probably already knew this, but the sauce spoon goes on the right side between the plate and main course knife. ISTOCK IMAGES

started with the fish course.

Today in many elegant and formal restaurants, I see this sauce spoon used either for the fish or meat course. So when you have finished eating the fish or meat and your plate is

empty with just the sauce remaining, you take the sauce spoon and scoop up the remaining sauce on your plate.

This utensil should be used exactly like you would a soup spoon.

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Be a smooth(ie) operator

Chocolate, Cappuccino and Banana Smoothie

I'm a chocoholic and I have discovered that 1% chocolate milk (made with cocoa) is the best treat I can have either for breakfast or a snack. Adding chocolate milk to this smoothie satisfies your chocolate cravings and makes it taste like a chocolate milkshake, but without the calories and fat.

- 1 cup (250 ml) cold chocolate milk (1% or soy milk)
- 1 cup (250 ml) 2 % low-fat coffee flavoured yogurt
- 1 medium-sized ripe banana, sliced
- 2 tbsp (30 ml) honey
- 1 tbsp (15 ml) cocoa powder

Combine the milk, yogurt, banana, honey and cocoa powder in a blender and purée. Serve immediately.

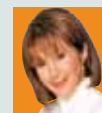


Strawberry, Banana and Orange Smoothie

If you're in a rush in the morning and need a quick breakfast, try a smoothie. The combination of protein and fruit keeps you satisfied longer. This is also a healthy snack to stave off hunger between meals. Experiment with different fruits, using whatever is in season. For extra protein, substitute low fat plain yogurt for the milk.

- 1 cup low-fat milk or soy milk
- 1 small ripe banana, sliced
- 1 cup frozen or fresh sliced strawberries
- 1/2 cup orange juice
- 2 tbsp honey
- 5 ice cubes

Place all the ingredients in a blender and purée. Serve immediately.



ROSE REISMAN
For more, visit
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For your phone

Filibaba Smoothies (iPad/iPhone; free)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

With a gathering of fruits, berries, veggies, and spices, you can mix up refreshing summer smoothies and milkshakes. These 23 recipes include built-in timers, healthy tips and sweeter, kid-friendly mixes.



Give your chicken the tasty garlic treatment

1. Preheat the oven to 350 F (180 C) or 320 F (160 C) for convection oven and cook the chicken according to the Maggi pack instructions.

2. Put a large pot of water on the stove for the egg noodles and allow it to come to a rolling boil.

3. About 15 minutes before the end of the chicken cooking time, heat the canola oil in a large frying pan or wok and stir fry the mushrooms until golden. Add the bro-

coli, onion, and carrot, and continue to cook for about 5 minutes, over high heat.

4. Cook the egg noodles according to the pack instructions. Once cooked through, drain and set aside.

5. Remove the chicken from the oven, leave to cool for a minute then cut the bag open and gently tip the contents into a dish. Transfer the chicken breasts to a board and slice diagonally. Pour garlic juices from the dish over

Ingredients

- 4 chicken breasts
- 1 pack Maggi So Juicy Garlic
- 1 tbsp canola oil
- 12 button mushrooms, sliced
- 1 small head of broccoli, cut into florets
- 1 small onion, sliced thinly
- 1 carrot, sliced thinly
- 450 g package of egg noodles
- 1 tbsp sesame oil (optional)
- 1 lime, juiced
- 2 green onions, finely sliced

the vegetables.

6. Add the cooked noodles to the pan with the vegetables and toss to combine. Season

with the sesame oil (if using) and lime juice. Serve the stir fry with the sliced chicken, scattered with green onion.

NEWS CANADA



This recipe serves four. NEWS CANADA

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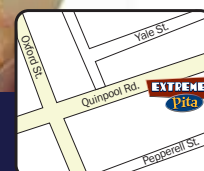
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NHL

Former Hab Gomez inks deal with Panthers

The Florida Panthers have signed centre Scott Gomez to a one-year contract.

The Alaska native had 15 points in 39 games for San Jose last season. The Sharks signed Gomez after the Montreal Canadiens bought out his lucrative and controversial contract after the NHL lockout.

Gomez became a lightning rod for criticism in Montreal, where his production drastically declined.

In 2007, he signed a seven-year, \$51.5-million US contract as an unrestricted free agent with the New York Rangers.

Two years later, the Canadiens' then-GM Bob Gainey hailed Gomez as the centrepiece of a rebuilding program after acquiring him in a seven-player deal that sent, among others, top defence prospect Ryan McDonagh to New York.

THE CANADIAN PRESS

MLB

Diamondbacks send struggling pitcher to Padres

Right-hander Ian Kennedy will get a chance for a fresh start with the San Diego Padres, thanks to a general manager who's familiar with his work.

The Padres acquired Kennedy just before Wednesday's trade deadline for left-handed reliever Joe Thatcher, a minor leaguer and a draft pick.

THE ASSOCIATED PRESS

MLB

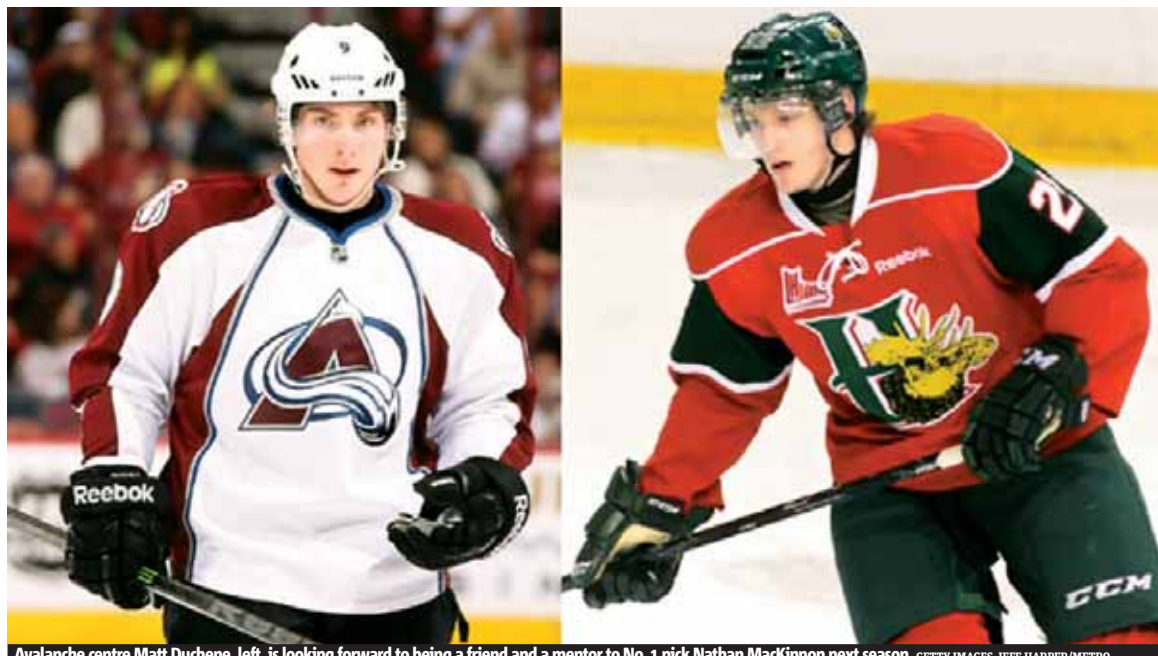
Tigers' Cabrera sits again, hopes to play on Friday

Detroit Tigers slugger Miguel Cabrera was encouraged by his improved condition after missing another game with a strained lower abdomen.

"I feel better," Cabrera said after Detroit beat Washington 11-1 without him on Wednesday. "Hopefully, we can ... try to be 100 per cent Friday."

After a day off Thursday, the AL Central-leading Tigers will start a series at home against the White Sox.

THE ASSOCIATED PRESS



Avalanche centre Matt Duchene, left, is looking forward to being a friend and a mentor to No. 1 pick Nathan MacKinnon next season. GETTY IMAGES, JEFF HARPER/METRO

MacKinnon under Duchene's wing

NHL. Star forward confident the No. 1 pick from Cole Harbour will blossom into a superstar in Denver



ANDREW RANKIN

andrew.rankin@metronews.ca

Matt Duchene sees a lot of himself in his new teammate Nathan MacKinnon.

That might begin to explain why the Colorado Avalanche star forward and the No.1 draft pick from Cole Harbour have become such great friends.

The sheer passion, the burning desire with which MacKinnon plays resonates with Duchene.

"That passion, especially

Just a matter of time

"We've been talking about how strong our front end is, four lines that can do damage.... He'll find the type of game that works for him."

Matt Duchene, on Avalanche teammate Nathan MacKinnon.

with a lot of guys in the NHL, you don't always see that, that desire to be your best," said the Avs' 2009 No. 3 overall pick.

Duchene, who's stepping into his fifth season with a new five-year, \$30-million contract, feels an obligation to be a mentor to MacKinnon.

He made the trip to Halifax several days ago. The pair have shared conversations about that prospect of playing together and the giant leap MacKinnon's about to make.

"I'll be able to help him because I've been there, coming into the league at 18 years old.

I know how it feels and I'm a guy who cares a lot about my teammates," Duchene said.

Duchene has had his share of dark days, pointing to his third injury-plagued season. Coming off two stellar campaigns he managed just 28 points in 58 games, less than half his output in his sophomore year (67).

"It was very tough and there were a lot of things behind the scenes that no one knows about, only the people closest to me know what I went through," he said.

"I don't think it will ever get to that point with Nathan

but I want to be able to help him because I've been through everything a player can go through in four years.

Duchene says he's never been more excited for an NHL season. In Colorado, he believes MacKinnon has found a perfect match on a young, talented team.

"He's penciled in to be our third-line centre this year. That shows how strong we're going to be," he said.

But that's not to say the former Halifax Mooseheads star and Memorial Cup MVP doesn't have plenty of challenges ahead.

"He's still a little raw, like any 17-year-old would be. He likes to push the pace and likes to do everything really quickly, and he'll learn patience, when to really stick-handle the puck, when to hold on to it, when to get rid of it, when to be patient."

MLB. Joey Bats brings A-game to Oakland

Jose Bautista hit a go-ahead double in the top of the 10th inning, and the Toronto Blue Jays beat the Oakland Athletics 5-2 on Wednesday for a series win.

Bautista lined a double to right against Jesse Chavez (2-3). Rookie catcher Stephen Vogt's second costly passed

ball of the game allowed Jose Reyes to advance after a lead-off infield single, and Reyes scored on Bautista's hit.

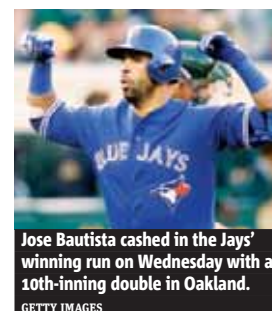
Casey Janssen (4-0) pitched a 1-2-3 ninth for the win, while Brett Cecil finished for his first major-league save in two opportunities.

Colby Rasmus added a

two-run single off Jerry Blevins for insurance in the 10th.

A's starter Bartolo Colon and Toronto knuckleballer R.A. Dickey each settled for no-decisions, leaving after six innings apiece with the game tied at 2.

THE ASSOCIATED PRESS



Jose Bautista cashed in the Jays' winning run on Wednesday with a 10th-inning double in Oakland.

GETTY IMAGES

Canadian charges hard down stretch

2013 FINA World Championships.

Victoria's Ryan Cochrane wins bronze medal in Barcelona

Ryan Cochrane had to claw his way to Canada's first podium finish in the pool at the 2013 FINA World Championships.

The Victoria native won his third straight medal in the men's 800-metre freestyle Wednesday, charging down American Connor Jaeger on the final 100 metres to win the bronze medal in seven minutes 43.70 seconds.

The 24-year-old won silver in the event at the 2011 worlds in Shanghai, and bronze in 2009 in Rome.

China's Sun Yang took the gold in 7:41.36. Cochrane, who came an agonizing fourth in the 400-metre freestyle Sunday, was edged by American Michael McBroom by 0.1 seconds



Victoria's Ryan Cochrane with his bronze after the men's 800-metre freestyle on Wednesday in Barcelona. GETTY IMAGES

for silver.

"The touches aren't my friend this meet," Cochrane said. "It was hard getting fourth place. It's a frustrating place to be but with a world championships anything can happen. There's so many great competitors that in this 800 I think

anybody had a chance at the podium.

"To know I could claw my way back onto the podium is great and we have the 1,500 to look forward to after this."

Randy Bennett, head coach of the national team and Cochrane's coach at the Victoria Academy of Swimming, characterized the race as "interesting."

"Five guys in it all the way and it's not that normal in the distance freestyle," Bennett said. "It's usually a two- or three-horse race but it was interesting — he could have been fifth.... It's great racing for him to get his hand on the wall in the third-place position and be aware that he had to go in the last 100 as hard as he did, so we'll take the medal and run with it but you always want a little bit more."

The medal is Canada's fifth overall at the championships, and second in swimming.

THE CANADIAN PRESS/WITH FILES FROM THE ASSOCIATED PRESS



Yes, surveillance on the one who gave me bunny ears

University of Connecticut Huskies centre Stefanie Dolsen, top left, gives the "bunny ears" to U.S. President Barack Obama during a ceremony in the East Room of the White House to honour the 2013 NCAA women's basketball champions on Wednesday. CAROLYN KASTER/THE ASSOCIATED PRESS

NBA

Detroit Pistons plan to win ... now

The Detroit Pistons officially announced the next step in their win-now plan Wednesday, acquiring point

guard Brandon Jennings from the Milwaukee Bucks for guard Brandon Knight and two other players.

The Pistons also gave up two seldom-used players, forward Khris Middleton and centre Viacheslav Kravtsov. THE ASSOCIATED PRESS

Olympics. They're not all dopers: IOC official

Assuming all athletes are doping because some have been caught recently is unfair, International Olympic Committee presidential candidate Thomas Bach said Wednesday.

With about a week to go until the world championships in Moscow, Bach warned against blindly suspecting all athletes of doping following the recent positive tests of sprinters Tyson Gay, Asafa Powell and Sherone Simpson.

"That wouldn't be fair," the German said at a news conference. "It is poison for a positive test to lead into the trap of doping suspicion.... That's why we should always be aware of whom we are in this fight against doping for — for the clean athletes."

Bach, an IOC vice-president, is vying to replace outgoing president Jacques Rogge, who is stepping down after 12 years. Rogge's successor will be elected on Sept. 10 by secret ballot. THE ASSOCIATED PRESS

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Horoscopes

Aries

March 21 - April 20

Try not to be a control freak. Let others decide what you are going to do. It may be at odds with the way you usually go about things but it will be strangely liberating too.

Taurus

April 21 - May 21

Drama will unfold over the next 24 hours, either in a personal relationship or at work. The important thing is that you don't react without thinking. Look at the situation rationally and do what must be done.

Gemini

May 22 - June 21

You are full of good ideas but one idea in particular should be singled out and worked on immediately. Its success — and your fortune — depends on getting the timing right, and the time is now!

Cancer

June 22 - July 23

You're in a good mood at the moment but those around you are a bit depressed, most likely because they have serious problems to deal with. What can you do to cheer them up? Just stay out of their way.

Leo

July 24 - Aug. 23

You may be no-nonsense by nature but even a Leo can be fooled and the planets warn you need to be extra careful today. It's OK to dream but keep in touch with reality too.

Virgo

Aug. 24 - Sept. 23

This may be a chaotic time but you seem to be enjoying the mayhem. Changes in your working environment are unsettling for sure but they are necessary too.

Libra

Sept. 24 - Oct. 23

Success is important, but it's wrong to measure your life purely by how much you own or earn. The planets urge you not to get attached to material things for their own sake.

Scorpio

Oct. 24 - Nov. 22

It seems you are in one of those moods when you are tempted to throw everything out and start again from scratch. The only danger is that with Pluto, your ruler, under pressure, you are likely to regret it later.

Sagittarius

Nov. 23 - Dec. 21

You seem to be in an aggressive mood and today's Mars-Uranus link warns you could easily go too far and spark a feud that gets way out of hand. Relax.

Capricorn

Dec. 22 - Jan. 20

Make an effort to look on the bright side today, because if you allow little things to get on top of you, your mood will head south fast. Remember too that you can't solve everyone's problems.

Aquarius

Jan. 21 - Feb. 19

Look at what you have to do today as a challenge to be enjoyed rather than a chore to be endured. You'll be surprised at how much fun you have.

Pisces

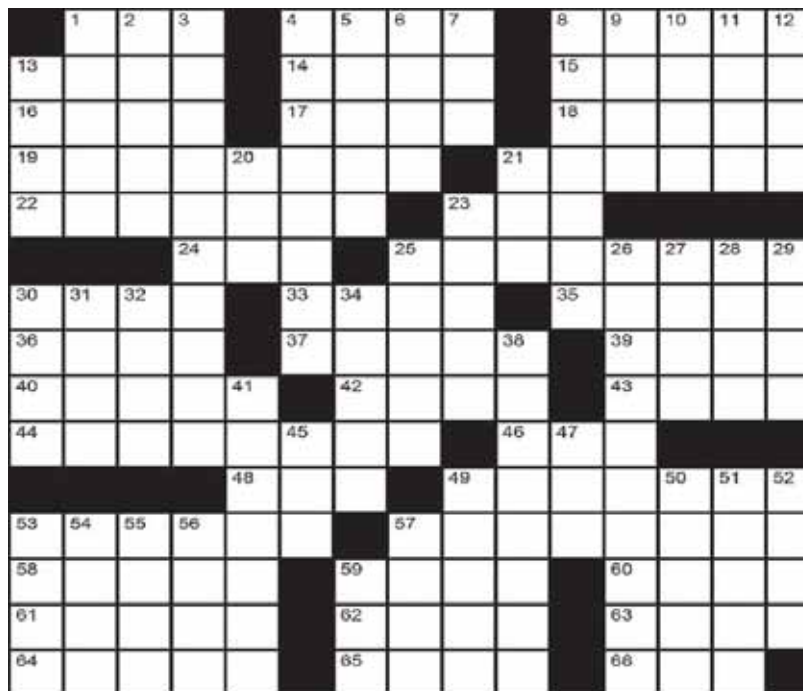
Feb. 20 - March 20

Do what you want to do today and don't waste time worrying what colleagues and loved ones might think about it. Far from being unpopular, you will find that most people respect you more for being your own boss. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Bird beak
- Grade
- Canadian author Ms. Gallant
- Shoe spot
- Organic compound
- Country legend Patsy
- Ancient concert sites
- Punk pop's Mr. Pop
- Aqua-denizen, with Ray
- Roman Empire's first Emperor
- Adam Levine's band, ___ 5
- Beats
- Car or truck, e.g.
- Not nay
- Health club class
- Marsh matter
- Goose eggs
- Prefix to 'system' (Diet plan advertised on TV)
- Years, in old Rome
- Choreography components
- Eminem tune
- ___ clock, don't wind it up
- ___ or neuter
- Sunday song
- Canadian singer/songwriter Ron
- Needs-to-be-sewn



- site
- Owl's sound
- ___ Beach (Resort village in Saskatchewan with a saltwater lake)
- Jay-Z, then ...JAY Z, now ...what's missing?
- Bryan Adams' 1984 hit album
- More shipshape

- 'Desserts' locale
- Less than twice
- Grad parties
- Word linker-uppers
- Crying component
- Call (permanent) time on a relationship: 2 wds.
- Do modelling
- Gibraltar, e.g.

Down

- "Obviously, Sherlock!": 2 wds.
- Lyrical lament
- How to do hair and makeup, plus skin-care, too: 2 wds.
- Canadian retailer of women's clothing
- AC/DC lead guitarist Mr. Young
- Clothing, informally

- English cathedral city
- ___ Stadium (Calgary Stampede's home field)
- Banned orchard spray
- Ristorante wine
- "___ the Groove" by Madonna
- Mr. Connery
- Go parasailing

- He's opposite
- Sea: French
- Big name in motor scooters
- Hebrew alphabet's first letter
- To-remote-locations fliers: 2 wds.
- Small, ___-bitty
- Jam-in together
- ___ Fein (Irish republican party)
- "No thanks." = "I'll ___"
- Duck, in Dusseldorf
- Strong as ___
- "___ die for!"
- City in New York State
- Nova Scotia town
- Lithium-___ battery
- Fountain filler
- Fixes
- Principle
- Felix's roommate
- Easy to operate, ___-friendly
- Ballyhoo
- Wool
- Nudge
- Prefix to 'sphere'
- Gambler's destination
- Road trip item

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

24°/16°
Partly cloudy

Friday

20°/17°
Showers
90%

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